

**Norwalk Senior Center**

**April 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Roasted Chicken Leg Quarter Scalloped Potatoes California Vegetable Blend Dinner Roll Applesauce Milk Margarine	2) American Chop Suey Green Peas Tuscany Vegetable Blend Rye Bread Mandarin Oranges Milk Margarine	3) Maple Mustard Pork Stuffing Tossed Salad Dinner Roll Fresh Fruit Milk Margarine Ranch Dressing	4) Northern Bean Soup Vegetable Frittata Corn White Bread Vanilla Pudding Assorted Fruit Juice Milk Margarine Saltine Crackers	5) Beef Vegetable Stir- Fry White Rice Glazed Carrots Wheat Bread Pineapple Tidbits Milk Margarine
8) Swiss Steak w/ Gravy Whipped Potatoes Capri Vegetable Blend Dinner Roll Diced Peaches Milk Margarine	9) Vegetable Soup Macaroni and Cheese Cauliflower Italian Bread Applesauce Milk Margarine Saltine Crackers	10) Cacciatore Chicken Thigh Penne Pasta Spinach Salad Garlic Breadstick Fresh Fruit Milk Margarine Italian Dressing	11) BBQ Hamburger Macaroni Salad Sliced Carrots Hamburger Bun Fudge Crème Cookie Assorted Fruit Juice Milk Ketchup 	12) Ginger Honey Pork Brown Rice Green Beans with Red Peppers Wheat Bread Pineapple Tidbits Milk Margarine
15) BBQ Pork Rib Patty Corn O'Brien Mixed Greens Hamburger Bun Fresh Fruit Milk Margarine	16) Taco Meat Spanish Rice Lettuce and Tomato Flour Tortilla Pineapple Milk Sour Cream	17) Chicken Caesar Salad (Cut Grilled Chicken) (Romaine Lettuce) Flour Tortilla (Parmesan Cheese) (Caesar Dressing) Garbanzo Bean Salad Italian Bread Fresh Fruit Milk Margarine	18) Cream of Broccoli Soup Salisbury Steak w/Gravy Zucchini Dinner Roll Applesauce Milk Margarine Saltine Crackers	19) Turkey Tetrzini Lima Beans Carrots White Bread Brownie Assorted Fruit Juice Milk Margarine
22) Sloppy Joe Oven Roasted Potatoes Green Beans Hamburger Bun Applesauce Milk Margarine 	23) Balsamic Chicken Thigh Cilantro Lime Rice Zucchini Rye Bread Oatmeal Cookie Assorted Juice Milk Margarine	24) Breaded Pollock Whipped Redskin Potatoes Confetti Coleslaw Dinner Roll Fresh Fruit Milk Margarine Tartar Sauce	25) Corn Chowder Ham, Broccoli, & Cheese Casserole Capri Vegetable Blend White Bread Pineapple Tidbits Milk Margarine Saltine Crackers	26) Beef/Chicken Sweet & Sour Meatballs Brown Rice Green Peas Wheat Bread Fresh Fruit Milk Margarine
29) Turkey A La King Brown Rice Cabbage Dinner Roll Pineapple Milk Margarine	30) Meatloaf w/Gravy Whipped Potatoes Green Beans Rye Bread Brownie Assorted Fruit Juice Milk Margarine			