




Norwalk Senior Center

May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1) BBQ Pork Baked Beans Beet Salad Cornbread Muffin Fresh Fruit Milk Margarine	2) Marsala Chicken Thigh Penne Pasta Tossed Salad Italian Bread Mandarin Oranges Milk Margarine Ranch Dressing	3) Cream of Mushroom Soup Beef Fiesta Macaroni & Cheese Broccoli Wheat Bread Fresh Fruit Milk Margarine Saltine Crackers
6) Roasted Chicken Leg Quarter Scalloped Potatoes California Vegetable Blend Dinner Roll Applesauce Milk Margarine	7) American Chop Suey Green Peas Tuscany Vegetable Blend Rye Bread Mandarin Oranges Milk Margarine	8) Maple Mustard Pork Stuffing Tossed Salad Dinner Roll Fresh Fruit Milk Margarine Ranch Dressing	9) Mother's Day Special! Cheese Quiche Potato Tots Garlic Spinach Wheat Bread Pound Cake Assorted Fruit Juice Milk Margarine 	10) Beef Vegetable Stir-Fry White Rice Glazed Carrots Wheat Bread Pineapple Tidbits Milk Margarine
13) Swiss Steak w/ Gravy Whipped Potatoes Capri Vegetable Blend Dinner Roll Diced Peaches Milk Margarine	14) Vegetable Soup Macaroni and Cheese Cauliflower Italian Bread Applesauce Milk Margarine Saltine Crackers	15) Cacciatore Chicken Thigh Penne Pasta Spinach Salad Garlic Breadstick Fresh Fruit Milk Margarine Italian Dressing	16) BBQ Hamburger Macaroni Salad Sliced Carrots Hamburger Bun Fudge Crème Cookie Assorted Fruit Juice Milk Ketchup	17) Ginger Honey Pork Brown Rice Green Beans with Red Peppers Wheat Bread Pineapple Tidbits Milk Margarine
20) BBQ Pork Rib Patty Corn O'Brien Mixed Greens Hamburger Bun Fresh Fruit Milk Margarine	21) Taco Meat Spanish Rice Lettuce and Tomato Flour Tortilla Pineapple Milk Sour Cream	22) Chicken Caesar Salad (Cut Grilled Chicken) (Romaine Lettuce) (Parmesan Cheese) (Caesar Dressing) Garbanzo Bean Salad Italian Bread Fresh Fruit Milk Margarine	23) Memorial Day Special! Frankfurter w/chili Potato Salad Cucumber Salad Hot Dog Bun Fruited Gelatin Milk Ketchup	24) Turkey Tetrazzini Lima Beans Carrots White Bread Brownie Assorted Fruit Juice Milk Margarine
27) Sloppy Joe Oven Roasted Potatoes Green Beans Hamburger Bun Applesauce Milk Margarine	28) Balsamic Chicken Thigh Cilantro Lime Rice Zucchini Rye Bread Oatmeal Cookie Assorted Juice Milk Margarine	29) Breaded Pollock Whipped Redskin Potatoes Confetti Coleslaw Dinner Roll Fresh Fruit Milk Margarine Tartar Sauce	30) Corn Chowder Ham, Broccoli, & Cheese Casserole Capri Vegetable Blend White Bread Pineapple Tidbits Milk Margarine Saltine Crackers	31) Beef/Chicken Sweet & Sour Meatballs Brown Rice Green Peas Wheat Bread Fresh Fruit Milk Margarine