

Norwalk Senior Center

January 2025

		<p>1) CLOSED!</p> 	<p>2) Macaroni and Cheese Pinto Beans Mixed Greens Wheat Dinner Roll Diced Peaches Milk Margarine</p>	<p>3) Beef Taco Meat Spanish Rice Fiesta Vegetables Flour Tortilla Pineapple Tidbits Milk Sour Cream</p>
<p>6) Beef/Chicken Swedish Meatballs Bowtie Noodles Brussel Sprouts White Bread Fresh Seasonal Fruit Milk Margarine</p>	<p>7) Sweet & Sour Breaded Chicken Confetti Brown Rice Broccoli Wheat Bread Pineapple Tidbits Milk Margarine</p>	<p>8) Potato Soup BBQ Pork Cabbage w/ Carrots Dinner Roll Vanilla Pudding Assorted Fruit Juice Milk Margarine Saltine Crackers</p>	<p>9) Tomato Basil Chicken Thigh Garlic Parmesan Orzo Tossed Salad Garlic Breadstick Fresh Seasonal Fruit Milk Margarine Ranch Dressing</p>	<p>10) Cheese Omelet Tater Tots Spinach Wheat English Muffin Applesauce Milk Margarine</p>
<p>13) Chicken Parmesan Penne Noodles Broccoli Italian Bread Pineapple Tidbits Milk Margarine</p>	<p>14) Honey Mustard Pork Baked Pinto Beans Coleslaw Wheat Bread Fudge Brownie Assorted Fruit Juice Milk Margarine</p>	<p>15) Philly Cheese Steak Oven Roasted Potatoes Carrots Hot Dog Bun Applesauce Milk</p>	<p>16) Martin Luther King Day Special BBQ Chicken Quarter Cheese Whipped Potatoes Corn, Tomatoes & Okra Wheat Bread Oatmeal Crème Cookie Assorted Fruit Juice Milk Margarine</p>	<p>17) Vegetable Barley Soup Potato Crusted Pollock Green Beans Dinner Roll Mandarin Oranges Milk Margarine Tartar Sauce Saltine Crackers</p>
<p>20) CLOSED! Martin Luther King Day</p>	<p>21) Beef/Chicken Meatballs w/Tomato Sauce Bowtie Noodles Tossed Salad Garlic Breadstick Fresh Seasonal Fruit Milk Margarine Ranch Dressing</p>	<p>22) Chicken Stir-Fry Brown Rice Carrots Dinner Roll Chocolate Pudding Assorted Fruit Juice Milk Margarine</p>	<p>23) Cream of Broccoli Soup Hamburger Patty American Cheese Crinkle Cut Fries Hamburger Bun Fresh Seasonal Fruit Milk Ketchup Saltine Crackers</p>	<p>24) Macaroni and Cheese Baked Pinto Beans Mixed Greens Cornbread Muffin Mandarin Oranges Milk Margarine</p>
<p>27) Swiss Steak Whipped Potatoes Capri Vegetables Rye Bread Diced Peaches Milk Margarine</p>	<p>28) Cheese Baked Ziti Carrots Spinach Italian Bread Pineapple Tidbits Milk Margarine</p>	<p>29) Navy Bean Soup Chicken Tenders Corn O'Brien Dinner Roll Fudge Crème Cookie Assorted Fruit Juice Milk Ketchup Saltine Crackers</p>	<p>30) Beef Taco Meat Brown Spanish Rice Fajita Vegetables Flour Tortilla Fresh Seasonal Fruit Milk Taco Sauce</p>	<p>31) Potato Crusted Pollock Tater Tots Cabbage Hamburger Bun Applesauce Milk Tartar Sauce Margarine</p>