


Norwalk Senior Center

November 2025

3) Potato Crusted Pollock Confetti Brown Rice California Vegetables Marble Rye Bread Fresh Seasonal Fruit Milk Margarine Tartar Sauce	4) Chicken Parmesan WG Garlic Rotini Green Beans Italian Bread Peaches Milk Margarine	5) Cream of Broccoli Soup Apricot Mustard Pork Mashed Spiced Yams White Bread Mandarin Oranges Milk Margarine Saltine Crackers	6) Veteran's Day Special! Hamburger Baked Beans Lettuce, Tomato, Onion, Pickle Hamburger Bun Butterscotch Pudding Assorted Fruit Juice Milk Mayo/Mustard/Ketchup	7) Mongolian Beef Brown Rice Ginger Carrots White Bread Fresh Seasonal Fruit Milk Margarine
10) Honey Balsamic Chicken Breast Confetti Brown Rice Brussels Sprouts White Bread Fresh Baked Cookie Assorted Fruit Juice Milk Margarine	11) Swiss Steak with Gravy Whipped Potatoes Cauliflower Rye Bread Fresh Seasonal Fruit Milk Margarine	12) Low Salt Ham Sweet Potato Casserole Glazed Beets Multigrain Bread Tropical Fruit Milk Margarine	13) Hamburger Patty Ranch Beans Corn O'Brien WG Hamburger Bun Fresh Seasonal Fruit Milk Ketchup	14) Florentine Soup Cheese Baked Ziti Green Peas Garlic Breadstick Applesauce Milk Margarine Saltine Crackers
17) Salisbury Beef w/ Vegetable Gravy Twice Whipped Potatoes Mixed Vegetables Multigrain Bread Mixed Fruit Milk Margarine	18) Cheese Ravioli w/Tomato Sauce Green Peas Tossed Salad Dinner Roll Fresh Seasonal Fruit Milk Margarine Ranch Dressing	19) Potato Soup BBQ Pork Rib Patty Coleslaw WG Hamburger Bun Pineapple Tidbits Milk Saltine Crackers	20) Thanksgiving Special! Roast Turkey w/Gravy Stuffing Green Beans Dinner Roll Pumpkin Pie Assorted Fruit Juice Milk Margarine Cranberry Sauce 	21) Potato Crusted Pollock Garlic Whipped Potatoes Carrots Whole Wheat Bread Fresh Baked Cookie Assorted Fruit Juice Milk Margarine Tartar Sauce
24) BBQ Chicken Leg Quarter Cheesy Rice Green Beans Cornbread Muffin Fresh Seasonal Fruit Milk Margarine	25) Cheese Omelet Potato Tots Peppers and Onions Blueberry Muffin Fresh Seasonal Fruit Milk Assorted Jelly Margarine Ketchup	26) California Vegetable Soup Beef/Chicken Meatballs w/Pesto Cream Sauce WG Penne White Bread Fudge Crème Cookie Assorted Fruit Juice Milk Margarine Saltine Crackers	27) 	28) CLOSED