Sponsored by Catholic Charities

Norwalk Senior Center — November 2026

2) Turkey Orzo Cassrole Green Peas Cauliflower WG Wheat Bread Diced Pears Milk Margarine	3) Potato Crusted Pollock Confetti Brown Rice Capri Vegetables White Bread Fresh Seasonal Fruit Milk Margarine Tartar Sauce	4) Beef & Bean Chili Corn Coleslaw WG Cornbread Muffin Mandarin Oranges Milk Margarine	5) **Veteran's Day Special!** Chili Dog Baked Beans Coleslaw WG Hot Dog Bun Fruited Gelatin Assorted Fruit Juice Milk Mustard	6) Apple Glazed Pork Whipped Butternut Squash Tossed Salad WG Wheat Bread Fresh Seasonal Fruit Milk Margarine Ranch Dressing
9) Chicken Tikka Masala Brown Rice Zucchini WG Dinner Roll Fudge Brownie Assorted Fruit Juice Milk Margarine	10) Meatloaf w/ Gravy Whipped Potatoes Mixed Vegetables WG Wheat Bread Fresh Seasonal Fruit Milk Margarine	11) Turkey Divan WG Elbow Pasta Tossed Salad White Bread Tropical Fruit Milk Margarine Italian Dressing	12) Split Pea Soup Hamburger Patty Corn O'Brien WG Hamburger Bun Fresh Seasonal Fruit Milk Ketchup / Mustard Saltine Crackers	13) Tuscan White Bean WG Pasta Tomato Cucumber Salad Tuscany Vegetables Italian Bread Diced Peaches Milk Margarine
16) Cheese Ravioli w/Tomato Basil Sauce Green Peas Carrots WG Wheat Bread Applesauce Milk Margarine	17) Thai Basil Beef/Turkey Brown Rice Broccoli White Bread Fresh Seasonal Fruit Milk Margarine	18) BBQ Pork Rib Patty Hawaiian Baked Beans Confetti Coleslaw WG Hamburger Bun Mandarin Oranges Milk	19) **Thanksgiving Special!** Roast Turkey w/ Gravy Stuffing Green Beans Dinner Roll Pumpkin Pie Assorted Fruit Juice Milk Margarine	20) Potato Crusted Pollock Garlic Whipped Potatoes California Vegetables WG Wheat Bread Fresh Baked Cookie Assored Fruit Juice Milk Margarine Lemon Packet
23) Cheese Omelet Roasted Potatoes Peppers and Onions WG Blueberry Muffin Fresh Seasonal Fruit Milk Margarine	24) Beef/Chicken Meatballs w/Tomato Basil Sauce WG Penne Mixed Vegetables Italian Bread Fresh Baked Cookie Assorted Fruit Juice Milk Margarine	25) BBQ Chicken Leg Quarter Cheesy Brown Rice Garden Vegetables White Bread Applesauce Milk Margarine	26)	27) **CLOSED**
30) Hamburger Patty Sliced Cheese Crinkle Cut Fries Green Beans WG Hamburger Bun Fresh Seasonal Fruit Milk Ketchup				